

Austin Academy of Nutrition & Dietetics

Saturday, March 17

8:30am – 4:00pm

Dell Children's Hospital

St. Vincent De Paul Auditorium

1345 Philomena St.

Austin, TX 78723

Earn 6 CEU's!

*We look forward to your
attendance and participation!*

*We would like to thank the
speakers for participating in the
event as well as the vendors and
volunteers who make this event
possible.*



2012 Wellness Symposium



Immunology:
It Takes Guts!

Austin Academy of
Nutrition & Dietetics

Speakers

Allen K. Leiberman, MD

Dr. Leiberman graduated from Downstate Medical College in New York and served nine years in the United States Army. He completed his residency in El Paso followed by an Allergy and Immunology Fellowship at Walter Reed Army Medical Center. He then came to Austin in 1995, serving three years as the Chief of the Allergy Clinic at Darnall Army Hospital. Dr. Lieberman was initially certified by the American Board of Allergy and Immunology in 1993 and again in 2003. He is consistently named one of Austin's Best Doctors by Austin Monthly magazine as well as a Super Doctor by Texas Monthly.

Lea Gebhardt PhD, RD, LD

Lea has dedicated her 17 year career to helping individuals achieve a healthy relationship with food. She completed her doctorate course work in Nutritional Biochemistry with concentrations in Comparative and Experimental Medicine and Maternal and Child health. Previously Lea was the Clinical Nutrition Manager at the Children's Hospital of Richmond, Virginia and later at Children's National Medical Center in Washington, DC. She has extensive experience providing medical nutrition therapy for adolescents and adults suffering from disordered eating.

Michelle Wald, LMT

Discovering Physical Therapy at age 18, Michelle began working with the elderly in a rehab setting. While working at St. David's Medical Center, she was introduced to Aston-Patterning, now known as Aston Kinetics®. She has taken more than 3000 hours of training, encompassing both the basic certification and advanced levels. Aston Kinetics® is a complete system which uses a range of techniques to assist clients in revealing their true selves through their bodies and aids them in releasing their pain, injury and the negative effects of their life experiences. Clients learn to appreciate the beauty of their individuality through understanding that their body and alignment is unique to them.

Schedule of Events

8:00am – 8:30am: Check in

Continental Breakfast & Networking

8:30am – 10:00am

Dr. Lieberman

10:00am – 10:15am, Break

10:30am – 11:30am

Lea Gebhardt, PhD, RD, LD

11:30am – 11:35am

Yoga Yoga Stretching Break

11:35am – 1:30pm, Lunch

Sponsor: Cedar View Rehab

Vendor Showcase

1:30pm – 1:35pm

Yoga Yoga Stretching Break

1:35pm – 3:00pm

Michelle Wald, LMT

3:15pm – 4:00pm Wrap Up

Evaluation, CEU Distribution

Registration

Name: _____

Address: _____

City, St, Zip: _____

Phone: _____

Email: _____

I will be attending the 2012 Spring Austin and will bring a check made out to Austin Dietetic Association.

(Check which applies to you)

_____ \$35 Austin Member

_____ \$ 45 Non-member Professional

_____ \$10 Student member

_____ \$15 Non-member Student

Tell us in which areas you are interested and/or practice

_____ Clinical (if specialized explain)

_____ Community

_____ Long term care

_____ Food Service

_____ Private practice please specify

_____ Retired

_____ Other; please specify

By submitting this application, I affirm I will be attending the symposium. I understand that my payment is due on the date of the symposium, March 17, 2012, and I will bring it that day.

Name (Printed) _____

Signature: _____

Date: _____